

بِسْمِ اللَّهِ
الرَّحْمَنِ الرَّحِيمِ

In the Name of Allah,

**The Entirely Merciful,
The Especially Merciful**

**How to attain
Barakah(from Allah)
Compilation**

EDRIS KIBALAMA

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“Your writing is both inspirational and
motivating...”

Halima Sarki

Abuja Nigeria

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Introduction

Bismillahirrahmaanirraheem

In The Name of Allah, The Entirely
Merciful, The Especially Merciful

This is a book about How to attain
Barakah(from Allah)- Compilation-
by the will of Allah.

Source: Madrasatuna

Text(Matn)

Bismillahirrahmaanirraheem

In The Name of Allah, The Entirely
Merciful, The Especially Merciful

Alhamdulillah wassalaatu wassalam
'alaa Rasuulillah

All praises be to Allah and
salutations and peace be upon the
Prophet Muhammad, His Family, His
Companions and all those that follow
him until the day of Judgement

To proceed

BARAKAH

Barakah does not exist in anything except that it is increased beyond normal expectations.

If you are endowed with Barakah, you will accomplish a great deal in less time, achieve more with little/no resources, and endure laborious activities with minimal effort.

How does one attain Barakah?

Here is the first way to attain
Barakah:

1. Say Bismillah before starting:

Allah is blessed in His Essence, so
too are His Names and Attributes:

Allah says:

“Blessed is Allaah, Lord of the
worlds.”

[Surah Al-A-râf: 54]

And He(Allah) says:

“Blessed are the Names of your
Lord”

[Surah Ar-Rahmân: 78]

Barakah comes from Allaah alone, so it should only be sought from Him.

This is why we mention Allaah's Name before commencing a task.

We do this before eating, drinking, undressing, leaving and entering the

home etc etc, as taught by the
Prophet ﷺ.

Here is the second way to attain
Barakah:

2. Purify your intention

Sincere intentions increase the
reward of deeds exponentially.

The Prophet ﷺ said:

“Deeds are based on intentions, and everyone will be rewarded according to their intentions.”

[Muslim]

What's more, good intentions can turn normal day to day tasks into mountains of reward.

The Prophet (ﷺ) said:

“When a man spends on his family,
HOPING FOR REWARD, that is
(counted as) an act of charity for
him.”

[Bukhari]

Don't you not want to be rewarded
for engaging in something as
relaxing as sleeping.

Did you know that if you go to sleep with a good intention, you will be rewarded?

Mu'adh (رضي الله عنه) (one of the most knowledgeable Companions of the Prophet) (صلى الله عليه وآله وسلم) said:

"As for me, then I sleep and then get up. I sleep seeking Allah's reward for

my sleep just as I seek His Reward
for my standing (in the night
prayer)."

[Bukhari]

This is a wide door of opportunity
that extends beyond shopping and
sleeping. It includes every Mubah
(allowable) activity, such as eating,
drinking, talking, exercising.

Here is the third way to attain

Barakah:

3. Recite the Qur-aan frequently

The Qur-ān is an Attribute of Allaah.

Allah's Attributes are all blessed

Allaah('Azza wa Jall) says regarding

the Qur'ān:

“This is a Book that We have
revealed, full of Barakah...” (38:29)
[Surah Al-An`âm: 155]

Everything connected to the Qur`ān
is blessed:

1. The angel who brought it down
(Jibrael) is the best angel

2. The Messenger to whom it was revealed (Muhammad ﷺ) is the best Messenger

3. The month in which it was revealed (Ramadhan) is the best month

4. The night in which it was revealed (Laylatul Qadr) is the best night

5. So what about the one who
recites, reflects, studies,
implements, and teaches the Qur-
ān?

One of the Salaf said;

“ The more my portion of the Qur-
aan, the more the blessing in my
time, and I continued to increase my
portion until it reached ten Ajzaa-
(chapters)”

Similarly, when Adh-Dhiyaa' Al-Maqdisi wanted to travel to seek knowledge, Ibrahim Ibn AbdilWaahid Al-Maqdisi [D. 614 brother of AbdulGhaniy Al-Maqdisi] counselled him saying:

"Increase in reading the Qur-aan and do not leave it off; for indeed that which you seek will become easier

for you in proportion to how much you read.”

Adh-Dhiyaa' said: “So I saw that and experienced it a lot; whenever I read a lot, it would become easier for me to listen to and write down a lot of hadeeth, and if I did not read, it would not be easy for me.” [Dhayl Tabaqqat Al-Hanaabilah (3/205)]

Here is the fourth way to attain
Barakah:

4. Increase in Dhikr

Fatimah radhiyallahu 'anha, the beloved daughter of the Prophet ﷺ, once came and complained to her father about excessive household work and requested a slave (to assist with household chores). Her hands were

blistered from grinding the flour in
the mill. Later that evening, the
Prophet ﷺ went to
her house. 'Ali ibn Abi Talib رضي الله عنه
Fatimah's husband was also at
home. The Prophet ﷺ
layed down between them and
asked them:

"Should I not direct you to
something even better than a
servant?"

"When you go to sleep say:

‘SubhanAllah’ 33 times,
‘Alhamdulillaah’ 33 times, and
‘Allaahu Akbar’ 34 times.

It will be better for you than a
slave.” [Bukhaari]

Here is the fifth way to attain
Barakah:

5. Be grateful to Allah

Be grateful to Him(Allah), and He
will surely increase you...

That is what Allah promised in the
Qur-ān, and He certainly does not
fail in His promises.

Allah The Most High said:

“If you are grateful, I will certainly
give you more.”

[Surah Ibrâhîm: 7]

Here is the sixth way to attain
Barakah:

6. Asking Allah تَعَالَى و سُبْحَانَه for Barakah

Allah سُبْحَانَه و تَعَالَى : said

“ When My servants ask you (...Oh Prophet) about Me: I am truly near. I respond to one's prayer when they call upon Me.”

[Surah Al-Baqarah: 186]

سبحانه و تعلى said: And Allah و سبحانه

“ Call upon Me, I will respond to
you.”

[Surah Ghâfir: 60]

Anas's mother, Umm Sulaim (may Allaah be pleased with her), said to the Prophet ﷺ ;

“ Anas is your servant, so supplicate for him”

The Prophet ﷺ said:

“ Oh Allah, increase his wealth and offspring, and bless (for him) whatever you give him”

Anas radhiyallahu 'anhu later said:

“ By Allah, my fortune is huge and
my children and grandchildren are
now more than one hundred.”

[Reported by Bukhari & Muslim]

Allah is The Most Generous.

He is so Generous that He will never leave you empty-handed when you call upon Him.

Even if you don't get your wishes answered(...straight away), you never walk away empty-handed.

The Prophet ﷺ said:

“ If a Muslim makes a supplication (containing nothing which is sinful nor that which involves breaking ties of relationship), Allah will give them one of three things:

1. He will grant him his wish in this world
2. Store it for him in the Hereafter, or

3. Turn away from him an equivalent amount of evil.”

Those who heard this said they would increase in making supplications

So the Prophet ﷺ replied:

“Allah is more (i.e. He is more ready to answer than they are to ask).”

[Graded 'Sahih' by Sheikh Albani in
his checking of 'Adabul Mufrad']

Here is the seventh way to attain
Barakah:

**7. Wake up early and stay
productive during the early part
of the day**

The Prophet ﷺ said:

“Oh Allah, bless my Ummah in their early mornings.”

When he ﷺ sent out a detachment(or an army), he sent them at the beginning of the day.

Sakhr ibn Wadaa'ah Al-Ghamidi (the Companion who narrated this hadeeth) was a merchant, and he would send off his merchandise at the beginning of the day; and he became rich and had much wealth.”

[Reported by Tirmidhi and others]

BENEFIT:

Abu 'Eesa At-Tirmidhi(Rahimahullah) said:

“The Hadith of Sakhr Al-Ghamidi is a Hasan Hadith. We do not know of a narration that Sakhr Al-Ghamidi

reported from the Prophet ﷺ
صلى الله علیه و سلم (other than this Hadith.)"

Here is the eighth way to attain
Barakah:

8. Getting married

Allah says : سبحانه و تعالى

“Marry off the single among you and those of your male and female slaves who are fit [for marriage]. If they are poor, Allah will enrich them from His bounty: Allah’s bounty is infinite(...endless) and He is all knowing”

[Surah An-Nûr: 32]

Ibn 'Abbas radhiyallahu 'anhu commented:

"Allah encouraged with marrying (the Muslims off), and He directed this command to the free men, as well as the slaves, and promised to enrich them on the basis of that."

[At-Tabari 17/275]

Similarly, the Prophet ﷺ said:

“There are three for whom it is a right upon Allah to help:

1. The Mujahid who fights in the cause of Allah.

2. The Mukaatab (the slave) who wants to buy his freedom

3. And the one who gets married seeking to keep himself chaste."

[Reported by Tirmithi, graded 'Hasan' by Sheikh Albani in Saheeh Tirmithi]

Here is the ninth way to attain
Barakah:

9. Honesty in Trade

Lying, cheating and false oaths are
not a profitable business

The Prophet ﷺ said:

“Both parties in a business transaction have a right to annul it, so long as they have not separated;

and if they spoke the truth, and made clear the defects of the goods, then they would be blessed in their transaction,

but if they conceal and lie (some facts), their transaction will be deprived of blessing”

[Bukhaari & Muslim]

Here is the tenth way(and more) to
attain Barakah:

10. Eating together

"Eat together and mention the Name of Allah over your food. It will be blessed for you"

[Reported by Abu Dawud & Ibn Majah, graded 'Hasan' by Sheikh Albani].

11. Fear of Allah(Taqwa)

... Allah The Almighty says in the Qur-ān:

“If the people of the towns had believed and had Taqwa of Allah, We would have showered them with blessings from the heavens and earth, but they rejected the truth and so We punished them for their misdeeds”

[Surah Al-A-râf: 96]

12. Follow the Sunnah of Rasoolullah ﷺ

Ibn 'Abdil Barr rahimahullah said:

"All blessings and goodness lie in following the etiquette of Rasuulullah and obeying his command ﷺ".

[At-Tamheed (18/ 182)]

May Allah guide us all Ameen

All praises be to Allah and
salutations and peace be upon the
Prophet Muhammad, His Family, His
Companions and all those that follow
him until the day of Judgement

Bonus Chapter

How to attain Clarity

Bismillahirrahmaanirraheem

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To proceed

Quick fix: short term solution

Take 5-HTP every now and again

Caution: Don't overdose and don't take too frequently to avoid adverse effects

Note: It is better for purity of body and mind to take the vegan alternative

Or if you are really a travelling health seeker or prolific health researching activist, get your hands

on the actual fresh, organic *griffonia simplicifolia*; learn how to make effective/ safe use of it, before you proceed to far.

And even further to that, plant it yourself and grow it

Long term: Permanent solution

Sequence of Steps one can take:

1. Ask your Creator(Allah for guidance)
2. Learn about your Creator(Allah) from the authentic Islamic sources:
i.e. The Quran, authentic narrations of the Prophet(Peace be upon him), according to the understanding of the Companions(May Allah be pleased with them) of the Prophet(Peace be upon him)

3. Submit to your Creator Allah completely(as His completely submitting, thankful and worshipping slave);

a. In His Lordship

b. In Worship of Him alone(not associating any partners at all with him in any shape or form), in the manner that He legislated(in His speech- the Quran, and on the

tongue of His Messenger- peace be upon Him- who only spoke by revelation)

c. In His Names and attributes

4. Take ablution(ritual cleansing wash performed before prayer)

5. Learn all the issues concerning the Salah(it's jurisprudence/

understanding)- i.e. it's conditions, prerequisites, it's inner dimensions, the meanings of all that is said in the salah etc etc

6. Be sincere and always ask Allah for sincerity

7. Pray a prayer, having no concern but Allah, and no concern for anything else nor what is outside the prayer. A prayer where you don't

intend to come out of it until your
Rabb is pleased with you and you
meet him; with all humbleness and
submissiveness

8. In that state, stay in the prayer for
as long as you need to, imploring
your Rabb for guidance, help,
support and all goodness of this
world and the hereafter, especially
during prostration(sujood)- keeping

to the guidance of the
Prophet(Muhammad- Peace be upon
him)

9. Don't leave the presence of your
Rabb until you have attained the
khair(good) of what you were
seeking- by His permission

10. Wa allahu A'lam/ And Allah
knows best

May Allah guide us all Ameen

All praises be to Allah and
salutations and peace be upon the
Prophet Muhammad, His Family, His
Companions and all those that follow
him until the day of Judgement

Du'a

Seeking Allah's Aid

Oh my Lord(Allah), assist me and do not assist (enemies) against me, help me and do not help (enemies) against me, plot (against others) in my favour, and do not allow others to plot against me. Guide me and make guidance easy for me. Assist me against those who transgress against me.

Oh Lord(Allah), make me grateful to You, make me one who

remembers You, make me one who
fears You, make me one who obeys
You, as one who is conscious of You,
remorseful and repentant.

Oh Lord(Allah), accept my
repentance, cleanse me of my
errors, accept my invocations,
establish my evidences. Guide my
heart, set straight my tongue, and
remove any malice from my heart

*Jami` at-Tirmidhi 3551 narrated
by Ibn Abbas*

Oh Allah, we ask You for the goodness of which your Prophet ﷺ had asked You.

We also seek refuge in You from the evils which Your Prophet ﷺ

عَلَيْهِ وَآلِهِ وَسَلَّمَ had sought Your
refuge from.

You are the Supporter (The One
Whose help is sought) and to You do
all ordinances rest. There is no might
nor power except You.

Riyadh as-Saalihin 1492 hadeeth
narrated by Abu Umaamah رضي الله عنه

Supplicating for goodness

Oh Allah: I ask You (for the grant of) righteous deeds, shunning of evil, and love for the poor.

Forgive me and be merciful to me.
When you wish trial for a group of people, (take me) unaffected.

FINAL WORD

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May Allah guide us all Ameen

Edris Kibalama

Slave of Allah

**"That little seed of hope that will
never give up hope of life until the
luscious fruit tree it's meant to be will
be- in Shaa Allah/By the will of Allah"**



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upon you